

# Rio Salado College 2024 Biennial Review

# Alcohol and Other Drugs Prevention Programs

# **Rio Salado College Alcohol and Other Drugs Prevention Report**

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# Preface

The Drug-Free Schools and Campuses Regulations (<u>34 CFR Part 86</u>) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by students and employees both on its premises and as a part of any of its activities. At a minimum, each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of any drug or alcohol counseling, treatment, rehabilitation, or reentry programs that are available to students or employees
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct

A copy of this information is made available on Rio Salado College's *Student Consumer Information* page <u>https://www.riosalado.edu/about/accreditation/consumer-information</u>

The law further requires that the institution conduct a biennial review of its program with the following objectives: (1) determining the effectiveness of the policy and implementing changes to the Alcohol and Other Drug (AOD) program if they are needed, and (2) to ensure that the sanctions developed are enforced consistently.

The biennial review must also include a determination as to: (1) the number of drug and alcohol-related violations and fatalities occurring on the campus or as part of their activities that are reported to campus officials, and (2) the number and type of sanctions imposed on students or employees as a result of such violations or fatalities.

Rio Salado College, part of the Maricopa County Community College District (MCCCD), acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act and conducted an administrative review to determine if the college fulfills the requirements of the aforementioned federal regulations.

The Director for Institutional Integrity & Compliance convened a committee to conduct a review and document its findings in this report. The members of the review committee include:

• Dean, Institutional Effectiveness – Karol Schmidt, JD, Ed.D

- Associate Dean, Conduct and Community Standards O. Tafari Osayande
- Director, Institutional Integrity & Compliance Ramsey Itani
- Faculty Chair, Counseling and Personal Development Melanie Abts, Ed.D., LAC, DCC
- Public Safety Commander Cecilia Strabala
- Director of Human Resources Anna Flores

The intent of this document is to:

- 1. Meet the legal requirement of conducting a biennial review.
- 2. Review and summarize the programs and activities related to alcohol and drug prevention since the last biennial review of 2022.

# I. Descriptions of the AOD Program Elements

As stated in the Abuse-Free Environment Administrative Regulation, <u>AR 2.4.7</u>, Maricopa County Community College District (MCCCD) closely aligns with the Drug-Free School and Communities Act of 1989 and other relevant substance abuse laws. As a college of the MCCCD, Rio Salado College upholds all federal, state, and district laws and policies limiting or restricting drug and alcohol use and abuse on campus. See Appendix A for *Administrative Regulation 2.4.7, Abuse-Free Environment*.

# A. Maricopa County Community College District (MCCCD) Abuse-Free Environment Program Standards

MCCCD is committed to establishing a preventative substance abuse program at each college, designed to positively affect the problems of irresponsible use of alcohol and the use and abuse of illegal substances. A focus of the program will be on education of the campus community and assistance to individuals.

# **B. Alcohol-Free Events**

Rio Salado College provides regular, ongoing promotional support for alcohol-free events hosted by the college and community partners, which are generally free and open to the public. Examples include:

# • Cultural Events

- Annual DEIB Asian American History Month celebrations
- Annual DEIB Black History Month celebrations
- Annual DEIB Pride Month celebrations
- Annual DEIB Native American Month celebrations
- Annual DEIB Hispanic Heritage Month celebrations
- International Education Week Events

# • Networking/Socializing/Staff Appreciation Events

- Book Club
- Innovation Think Tank (ITT) Monthly Meetings
- Annual Employee Awards and Recognition Event
- Staff Senate Representation Brown Bags
- 4 Practices of Engagement workshops
- Retirement Celebrations
- Annual Ice Cream Social
- Trekking the Trails Hiking Event

# • Town Hall Discussions

- Annual DEIB MLK Day Celebrations
- NAU, Rio Salado Police Community Relations Panel Discussion
- Constitution Day/Month Celebrations
- Annual Human Trafficking Webinar
- Data Bytes Brown Bag sessions
- Public Safety Distracted Driving Brown Bag
- Strategies for Success: A Civic Cipher Chat for Students and Instructors

- Empowering Voices: Celebrating Women Who Inspire You
- Maricopa Women's History Month
- Juneteenth Celebration

### • PTK, NSLS and Other Student Life & Leadership Events and Activities

- National Society of Leadership (NSLS) Orientations
- NSLS Leadership Training Day
- NSLS service events Student-centered skills presentations
- PTK NLC Donation Drive
- Student Public Policy Forum

# • Graduation and Induction Ceremonies

- College commencement
- HSE graduation
- Adult ACE graduation ceremony
- NAEHS Induction Ceremony
- PTK Induction Ceremonies
- NSLS Induction Ceremonies
- Dental Pinning Ceremony

### • Partner Events

- Rio Salado American Public University DEIB webinars
- WGU/CIN/RioConnect Inscribe webinars
- Tempe Chamber webinars
- Rio Salado Dental and AZMOM clinics for vets
- Innovation Think Tank and the Tempe Union High Schools Innovation Center
- MCCCD PD: Self Defense Class
- Hear the Sounds of the Phoenix Symphony Live at Rio

# C. Creation of Service Learning or Volunteer Opportunities or Required Community Service Work

The college takes an active role in promoting the values of and engagement in volunteer and community services. A few examples include:

### • Engagement in the Political Process

- Constitution Day/Month Celebrations
- Get out the Vote messaging
- Host Tempe Chamber State of District with Greg Stanton
- Voter Registration & AZ ID Assistance Events
- Breaking Down Barriers: Challenges to Voting Access in Arizona

### • Engagement in community service and fundraising events

- Annual Dash with Splash 5K
- Annual United Way Giving Campaigns
- Annual Be a Student Hero Campaign March
- Annual Maricopa Gives Employee Giving Campaign for MCCCDF
- Student Life and Leadership projects

### • Engagement in Issues of Diversity

- Annual DEIB Women's History Month celebrations
- Voices of Leadership: A Panel Discussion with AAPI Trailblazers
- Annual DEIB Asian American History Month celebrations
- Annual DEIB Black History Month celebrations
- Annual DEIB Native American Month celebrations & events
- Rio Salado APUS DEIB webinars
  - Hispanic Heritage Month
  - Women's History Month
  - Pride Month
  - Empowering Voices: Celebrating Women Who Inspire You
  - Remembrance Day: New England Holocaust Tour
  - Leading with Inclusion: A Conservation with Nevada State University President Dr. Pollard
- Library Online Cultural/Historical Guides

# 1. Alcohol-Free Campus Facilities

All campus spaces, facilities, and locations are alcohol and drug-free in accordance with the Drug-Free Schools and Communities Act Amendments of 1989, Public Law 101-226, and comply with all federal, state, and local laws pertaining to controlled substances, including alcohol.

Rio Salado College offers indoor and outdoor public lounge spaces, a café serving breakfast and lunch, a fitness center open to all staff, a quiet room for staff use, and a lactation room open to students and staff, the Knowledge Commons, which includes the Library, Tutoring Services, and the Computer Lab, as well as a garden space open to the community.

Several college services, such as Testing, Tutoring Services, the Library, and the Computer Lab are available for students beyond normal business hours. Specific extended hours depend upon the time of year, normal college calendar hours, and/or special college events. All public spaces are open to students, and the campus is staffed with College Safety personnel during these times.

# 2. Nonalcoholic Beverages Promoted at Events

Rio Salado College is dedicated to entirely alcohol-free events and activities for students. No campus/college events promote alcohol or other drugs.

# **D.** Normative Environments

# 1. Pro-Health Messages Publicized on Campus

Rio Salado College uses a variety of multimedia tools to increase awareness and engagement in alcohol-free activities and community events including social media and web promotions, fliers, posters, press releases, events listings, emails, newsletters, and community outreach. College departments work with students, district, and community stakeholders to develop and share communications.

The college social media platforms and blog, which includes a search engine, chronicle most of the college's communication and publicity efforts. Student emails, posters and fliers, and the college website are the primary ways in which the college shares news. *Maricopa BreatheEasy* is a healthy-living initiative sponsored by the MCCCD. Its goal is to provide information and support to Maricopa students, faculty members and staff in support of the elimination of tobacco products from all district property. Effective July 1, 2012, all District properties were made smoke and tobacco-free, extending the smoke-free environment of its buildings to the boundaries of district property. We recognize that this requires behavior change on the part of some students, faculty members, and staff. The district helps those who are affected through a variety of means, including classes and smoking cessation programs.

Rio Salado College uses multiple outlets to promote all district wide employee Wellness Programs through *Wellness Maricopa Website, the Maricopan*, posters, campus intranets, and social media. *Wellness Maricopa* is a collaborative effort of individuals within MCCCD committed to the philosophy of empowering through organizational wellness.

Employees are encouraged to participate in healthy lifestyle programs such as:

- Aetna Resources for Living: Provides quality mental health and substance use disorder care including in network and out-of-network; inpatient and outpatient assessment and treatment; different levels of individual and group care; crisis intervention; and treatment follow-up. Online resources include Recovery Coaches on a variety of topics such as depression, addiction, and mental wellbeing.
- Fitness @Rio: Employees have access to the Rio Fitness Center and Rio Fitness Classes.
- Dash with Splash: Rio's annual 5k fun run welcomes all ages and abilities to join in a fun morning that supports our students with all proceeds going to student scholarships.
- Maintain Don't Gain Challenge: Challenging our employees to meet their fitness goals during November and December.
- Wellness Incentive Dollars: All benefit eligible employees are eligible and encouraged to participate. Employees who participate in the Health Risk Assessments will receive an annual rebate of \$240 in wellness incentive dollars. Those who engage in tobacco free living (by testing negative with the cotinine test) will receive an annual rebate of \$360 in wellness incentive dollars.

Rio Salado College conducts quarterly brown bag webinars focusing on a variety of topics including substance use prevention and awareness, driving while under the influence, and situational awareness. Additionally, the Department of Public Safety collaborates with the Department of Institutional Integrity and Compliance to publish monthly newsletters that cover a variety of topics related to substance use and prevention to raise awareness to students and staff.

### 2. Faculty Encouraged to Engage in Higher Level Contact with Students

Rio Salado College is a service-oriented, primarily online, institution. All faculty and staff are encouraged to reach out to students within twenty-four hours of receiving contact. In addition, faculty who teach in-person programs have set "office hours" before and/or after classes to meet with students. In addition, staff members at each site are available during regular business hours to assist students.

### 3. Student Leadership Promotes Positive, Healthy Norms

The Office of Student Life at Rio Salado College promotes a balanced and active lifestyle through various events and activities. On a broad scale, Student Life promotes engagement and leadership opportunities through district-wide activities, including retreats. On a college

level, Rio Salado College student groups such as Phi Theta Kappa Honor Society and the National Society of Leadership & Success promote student success (academic, career, personal) and provide fellowship, service, and leadership opportunities. All Student Life educational activities prohibit drug and alcohol use.

# E. Alcohol Availability

# 1. Alcohol is Banned or Restricted on Campus

Serving of alcoholic beverages is prohibited at Rio Salado College. In the years for which this report is concerned (AY2022 and AY2023), no events occurred in which alcohol was available. Rio Salado College personnel are not permitted to purchase or transport alcohol.

*Administrative Regulation 4.13: Use of Alcoholic Beverages* prohibits the use of funds to purchase alcohol (with the exception of small amounts for cooking in the Culinary Institute for educational purposes) and the use of alcohol at college-sponsored events. State law also regulates the service, sale, distribution, and consumption of alcoholic beverages. In light of the law, Rio Salado College does not permit the use, sale, or distribution of alcoholic beverages. See Appendix A for <u>Administrative Regulation 4.13</u>, Alcoholic Beverages – Usage Regulation.

# 2. Alcohol Use is Prohibited in Public Places

Rio Salado College maintains a drug, alcohol, and tobacco-free campus. No alcohol is permitted in public spaces or elsewhere on campus.

# 3. Delivery or Use of Kegs or Other Common Containers is Prohibited on Campus

Rio Salado College prohibits alcohol on campus in any form. The college is primarily an online institution, so there are no student dormitories on campus.

# F. Marketing and Promotion of Alcohol

- 1. Alcohol Advertising on Campus is Banned or Limited Rio Salado College campus prohibits advertisements of alcohol or alcoholic beverages.
- **2.** Alcohol Industry Sponsorship for On-Campus Events is Banned or Limited There are no on-campus events which are sponsored by the alcohol industry.
- **3.** Alcohol Promotions with Special Appeal to Underage Drinkers is Banned or Limited Rio Salado College does not participate in promotions related to drinking, underage or otherwise. Our campus and sites are located in neighborhood settings, and for the most part are not in the vicinity of bars.
- 4. Alcohol Promotions That Show Drinking in High-Risk Contexts is Banned or Limited Rio Salado College does not participate in promotions related to drinking.
- **5. Pro-Health Messages That Counterbalance Alcohol Advertising are Required** Rio Salado College maintains a drug, alcohol, and tobacco-free campus. This also includes the advertisement of alcohol on campus.

**G. Policy Development and Enforcement** The following statistics reflect criminal activity, Student Code of Conduct Violations, and referrals to internal/external sources at all of Rio Salado College's locations and facilities.

Rio Salado College-Tempe Main	2022	2023	2024		
Arrest I	Arrest For:				
Liquor Law Violation	0	0	0		
Drug Abuse Violation	0	0	0		
Referr	als				
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of Conduct Violations					

Use, possession, manufacturing, or	0	0	0			
distribution of illegal or other controlled						
substances except as expressly permitted						
by law.						
Illegal use, possession, manufacturing or	0	0	0			
distribution of alcoholic beverages or						
public intoxication.						
<b>Employee Violations or Fatalities</b>	Employee Violations or Fatalities Related to Alcohol or Drugs					
Employee Violations	0	0	0			
Address						
2323 W. 14 <sup>th</sup> St. Tempe, AZ, 85281						

Rio Salado-Communiversity at Surprise	2022	2023	2024		
Arrest I	Arrest For:				
Liquor Law Violation	0	0	0		
Drug Abuse Violation	1	0	0		
Referrals					
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of Co	nduct Violation	s			
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	0	0	0		

Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	0	0	0	
Employee Violations or Fatalities related to Alcohol or Drugs				
Employee Violations	0	0	0	
Address				
15950 N. Civic Center Plaza, Surprise, AZ				

Rio Salado-Communiversity at Queen Creek	2022	2023	2024	
Arrest For:				
Liquor Law Violation	0	0	0	
Drug Abuse Violation	0	0	0	
Referrals				
Liquor Law Referrals	0	0	0	

Drug Law Violation Referral	0	0	0	
Student Code of Conduct Violations				
Use, possession, manufacturing, or				
distribution of illegal or other controlled	_	_		
substances except as expressly permitted	0	0	0	
by law.				
Illegal use, possession, manufacturing or				
distribution of alcoholic beverages or	0	0	0	
public intoxication.				
Employee Violations or Fatalities Rela	ited to Alcohol	or Drugs		
Employee Violations	0	0	0	
Address				
21740 S. Ellsworth Rd. Queen Creek, AZ				

Rio Salado College-Avondale	2022	2023	2024	
Arrest For:				
Liquor Law Violation	0	0	0	
Drug Abuse Violation	4	1	1	

Referrals				
Liquor Law Referrals	0	0	0	
Drug Law Violation Referral	0	0	0	
Student Code of Co	nduct Violation	S		
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law. Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	0	0	0	
<b>Employee Violations or Fatalities Rela</b>	ted to Alcohol	or Drugs		
Employee Violations	0	0	0	
Address				
420 N. Central Ave. Avondale, AZ				

Rio Salado College-Downtown	2022	2023	2024			
Arrest	Arrest For:					
Liquor Law Violation	0	0	0			
Drug Abuse Violation	0	1	0			
Refer	rals					
Liquor Law Referrals	0	0	0			
Drug Law Violation Referral	0	0	0			
Student Code of Co	onduct Violation	S				
Use, possession, manufacturing, or distribution	0	0	0			
of illegal or other controlled substances except	0	0	0			
as expressly permitted by law.	0	0	0			
Illegal use, possession, manufacturing or	0	0	0			
distribution of alcoholic beverages or public intoxication.	0	0	0			
<b>Employee Violations or Fataliti</b>	ies Related to Al	cohol or Drug	<u>s</u>			
Employee Violations	0	0	0			
Address						
619 N. 7 <sup>th</sup> Ave. Phoenix, AZ						

Rio Salado College-Luke Air Force Base	2022	2023	2024		
Arrest	For:				
Liquor Law Violation	0	0	0		
Drug Abuse Violation	0	0	0		
Referr	als				
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of Co	nduct Violation	S			
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	0	0	0		
Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	0	0	0		
Employee Violations or Fatalities Rela	ated to Alcohol	or Drugs			
Employee Violations	0	0	0		
Addr	ess				
7383 N. Litchfield Rd. Luke AFB, Glendale, AZ	7383 N. Litchfield Rd. Luke AFB, Glendale, AZ				

Rio Salado College-Northern	2022	2023	2024		
Arrest For:					
Liquor Law Violation	0	0	0		
Drug Abuse Violation	1	0	2		
Referr	als				
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of Co	nduct Violation	S			
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law. Illegal use, possession, manufacturing or distribution of alcoholic beverages or	0	0	0		
public intoxication.         Employee Violations or Fatalities Related to Alcohol or Drugs					
Employee Violations Addre	-		0		

1715 W. Northern Ave. Phoenix, AZ

Rio Salado-Lifelong Learning Center Surprise	2022	2023	2024		
Arre	st For:				
Liquor Law Violation	0	0	0		
Drug Abuse Violation	1	0	0		
Ref	errals				
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of	Conduct Violat	ions			
Use, possession, manufacturing, or distribution of illegal or other controlled	0	0	0		
substances except as expressly permitted by	0	0	0		
law.	0	0	0		
Illegal use, possession, manufacturing or distribution of alcoholic beverages or public	0	0	0		
intoxication.	0	0	0		
Employee Violations or Fatalities Related to Alcohol or Drugs					
Employee Violations	0	0	0		
Address					
12535 W. Smokey Dr. Surprise, AZ					

Rio Salado College-Thomas	2022	2023	2024			
Arrest For:						
Liquor Law Violation	1	0	0			
Drug Abuse Violation	0	0	0			
Referr	als					
Liquor Law Referrals	0	0	0			
Drug Law Violation Referral	0	0	0			
Student Code of Co	nduct Violation	s				
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	0	0	0			
Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	0	0	0			
Employee Violations or Fatalities Rela	ited to Alcohol	or Drugs				
Employee Violations	0	0	0			

# Address 3631 W. Thomas Rd. Phoenix, AZ

Rio Salado College-SPOT 127 East	2022	2023	2024			
Arrest For:						
Liquor Law Violation	N/A	N/A	N/A			
Drug Abuse Violation	N/A	N/A	N/A			
Refer	rals					
Liquor Law Referrals	N/A	N/A	N/A			
Drug Law Violation Referral	N/A	N/A	N/A			
Student Code of Co	onduct Violation	ns				
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	N/A	N/A	N/A			
Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	N/A	N/A	N/A			
Employee Violations or Fatalities Rel	ated to Alcoho	l or Drugs	· 			

Employee Violations	0	0	0			
Address						
3320 S. Price Rd. Tempe, AZ						

Rio Salado College-SPOT 127 West	2022	2023	2024		
Arrest I	For:				
Liquor Law Violation	N/A	N/A	N/A		
Drug Abuse Violation	N/A	N/A	N/A		
Referrals					
Liquor Law Referrals	N/A	N/A	N/A		
Drug Law Violation Referral	N/A	N/A	N/A		
Student Code of Cor	nduct Violation	S			
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	N/A	N/A	N/A		

Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	N/A	N/A	N/A	
Employee Violations or Fatalities Related to Alcohol or Drugs				
Employee Violations	0	0	0	
Address				
619 N. 7th Ave. Phoenix, AZ 85007				

Rio Salado College-Southern	2022	2023	2024		
Arrest For:					
Liquor Law Violation	1	0	0		
Drug Abuse Violation	2	3	0		
Referr	als				
Liquor Law Referrals	0	0	0		
Drug Law Violation Referral	0	0	0		
Student Code of Cor	iduct Violation	S			
Use, possession, manufacturing, or distribution of illegal or other controlled substances except as expressly permitted by law.	0	0	0		
Illegal use, possession, manufacturing or distribution of alcoholic beverages or public intoxication.	0	0	0		

Employee Violations or Fatalities Related to Alcohol or Drugs					
Employee Violations00					
Address					
3320 S. Price Rd. Tempe, AZ					

# II. Statement of AOD Program Goals and a Discussion of Goal Achievement

# A. Maricopa Community College District (MCCCD) Program Standards

Per <u>Administrative Regulation 2.4.7</u>, Abuse-Free Environment, the MCCCD is committed to establishing a preventative substance-abuse program at each college designed to positively affect the problems of irresponsible use of alcohol and the use and abuse of illegal substances. A focus of the program will be on education of the campus community and assistance to individuals.

**1.** Identify a key individual, at each college, to provide emergency services and/or to contact and work with outside agencies that provide drug and alcohol counseling, treatment or rehabilitation programs that may be available to students and employees.

**2.** Support disciplinary action for misconduct and the enforcement of state laws governing the use of alcohol and the use, abuse, possession, or distribution of controlled substances or illegal drugs.

**3.** Establish a preventative substance abuse program at each college designed to positively affect the problems of irresponsible use of alcohol and the use/abuse of illegal substances.

# **B.** Discussion of Goal Achievement

During this biennial review, the committee confirmed the aforementioned goals for this program are being achieved.

# III. Summaries of AOD Program Strengths and Weaknesses

# A. Summary of AOD Program Strengths

The following program strengths were identified by the Biennial Review Committee:

- Policies maintain compliance with the Drug Free School and Campuses Act
- Rio Salado College has a visible presence of campus police at its various locations
- Prevention program information is provided in two courses required for degree seeking students (FYE101 & FYE103). Substance use prevention is part of a reflective student assignment within these courses.
- Student code of conduct includes clear statements regarding disciplinary sanctions for violations drug and alcohol policies on and off campus
- MCCCD offers an Employee Assistance Program (EAP) through Aetna, which makes available free counseling services to full and part time employees
- MCCCD's healthcare provider, Banner/Aetna, works with employees in need of additional healthcare services for needs beyond EAP

# **B. Summary of AOD Program Weaknesses**

The following program weaknesses were identified by the Biennial Review Committee:

- Challenging to identify students with alcohol and drug issues in asynchronous online environment
- Opportunities to more strongly promote existing resources to assist students and employees with alcohol and drug issues

# **C. Recommendations for Revising AOD Programs**

The following recommendation was made on behalf of the Biennial Review Committee:

- Gather staff and student feedback regarding awareness of existing resources for alcohol and drug issues
- Connect with more community partners that can offer support to students residing outside the greater Phoenix area
- Review end of course surveys from FYE for effectiveness in raising awareness

# IV. Procedures for Distributing Annual AOD Notification to Students and Employees.

# A. AOD Policy - Procedures for Distributing Annual AOD Notification to Students and Employees.

- New employees are referred to the Employee Handbook online for their reference which outlines:
  - o standards of conduct
  - a list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol, which can be found on the Maricopa County Community College District website: <a href="https://district.maricopa.edu/administrative-regulations/2-students/2-4#:~:text=the%20owner%27s%20expense.-,2.4.7,-Abuse%20Free%20Environment">https://district.maricopa.edu/administrative-regulations/2-students/2-4#:~:text=the%20owner%27s%20expense.-,2.4.7,-Abuse%20Free%20Environment</a>
  - a description of the health risks associated with the abuse of alcohol or use of illicit drugs, which can be found on the Maricopa County Community College District
  - o a list of alcohol programs that are available to employees and students
  - a clear statement that the IHE will impose disciplinary sanctions on students and employees for violations of the standards of conduct, which can be found on the Maricopa County Community College District website <u>https://district.maricopa.edu/administrative-regulations/2-students/2-</u> <u>4#:~:text=the%20owner%27s%20expense.-,2.4.7,-</u> <u>Abuse%2DFree%20Environment</u>
- New students are provided a letter when they first enroll at an MCCCD institution, and every 365 days a new letter is sent to the student; (See Appendix C.)
- All MCCCD staff are provided a notification letter every 365 days (See Appendix C.)

# Appendices

# **Appendix A. Administrative Regulations**

- Administrative Regulation 2.4.7. Abuse-Free Environment
- Administrative Regulation 4.13 Alcohol Beverages –Usage Regulation
- <u>Administrative Regulation 4.14</u> Motor Vehicle Usage
- <u>Administrative Regulation 2.5.2</u> Student Code of Conduct

# **Appendix B. Staff Policy Manual**

- <u>Staff Policy Manual Policy A-4</u> Employment Standards
- <u>Staff Policy Manual Policy A-18</u> Drug Free Workplace
- <u>Staff Policy Manual Policy C-4</u> Progressive Discipline

# Appendix C. Disclosure Letter on Drug and Alcohol Abuse Prevention

Inserted Disclosure from DO on PDF Version below

2024 Rio Salado College Drug and Alcohol Prevention Program Biennial-Review.pdf



# MCCCD DRUG AND ALCOHOL PREVENTION PROGRAMS ANNUAL NOTIFICATION

### STATEMENT ON DRUG-FREE CAMPUSES

In accordance with the Drug-Free Schools and Communities Act Amendments of 1989 (Act), the Maricopa County Community College District (MCCCD) is distributing this notification to all students and employees to inform them of MCCCD's comprehensive program to prevent the use of illicit drugs and the abuse of alcohol. This notification summarizes MCCCD's programs, resources, policies, and standards of conduct; discusses health risks; highlights treatment options; and provides an overview of sanctions.

### STANDARDS OF CONDUCT

It is the goal and policy of Maricopa County Community College District to provide a drug-free environment for all college students and employees. To achieve this goal and to comply with federal law, MCCCD prohibits the unlawful sale, distribution, dispensation, possession, and use of controlled substances on MCCCD property or as part of any of its programs and/or activities.

Students, faculty, staff and visitors of any MCCCD campus are advised to become familiar with federal, state and local laws regarding alcohol and other drugs in accordance with the campus location. Students, faculty, staff, and visitors on any MCCCD campus must: 1) abide by MCCCD policies regarding alcohol abuse and illicit drugs; 2) abide by local, state and federal laws regarding alcohol, drugs, and controlled substances; and 3) act to reduce the risks associated with the use and abuse of these substances.

MCCCD students and employees are subject to all applicable drug and alcohol policies including, but not limited to:

AR 2.4.7 – Abuse-Free Environment

AR 4.13 – Use of Alcoholic Beverages

See also the **Auxiliary Services** section for <u>Tobacco-Free Environment</u> and the **Appendices/Student Section** <u>Medical Marijuana Act</u> of the Administrative Regulations.

Possession or consumption of alcohol, tobacco, and illegal drugs on MCCCD campus is prohibited. Pursuant to federal law, cannabis (marijuana) use is prohibited on MCCCD property, even for those who have a medical marijuana card.

The MCCCD Public Safety Department actively enforces laws pertaining to underage drinking, public consumption of alcohol, the furnishing of alcohol to underage individuals, and other alcohol laws. MCCCD Police also enforces drug laws.

For more information about the Maricopa County Community College District DAAPP content, contact the MCCCD Public Safety Department at <u>https://police.maricopa.edu/</u> or Chief David Denlinger at <u>David.Denlinger@domail.maricopa.edu</u>.

### **Overview of State Laws and Legal Sanctions**

An overview of alcohol and drug offenses for Arizona is herein provided. Sanctions under federal, state, and local laws for the unlawful possession or distribution of illicit drugs and alcohol are serious and can range from civil sanctions to criminal convictions including fines and imprisonment.

### Arizona Alcohol Offenses:

A person who is under the legal drinking age and who misrepresents the person's age to any person by means of written instrument of identification with the intent to induce a person to sell, serve, give or furnish liquor contrary to law is guilty of a class 1 misdemeanor. <u>A.R.S. § 4-241</u>. In addition to any other penalties prescribed by law, a person shall pay a fine of at least two hundred fifty dollars. <u>A.R.S. § 4-246</u>.

A person who is under the legal drinking age and who solicits another person to purchase, sell, give, serve or furnish spirituous liquor contrary to law is guilty of a class 3 misdemeanor. <u>A.R.S. § 4-241</u>. In addition to any other penalties prescribed by law, a person shall pay a fine of at least two hundred fifty dollars. <u>A.R.S. § 4-246</u>.

A person who is under the legal drinking age and who uses a fraudulent or false written instrument of identification or identification of another person or uses a valid license or identification of another person to gain access to a licensed establishment is guilty of a class 1 misdemeanor. <u>A.R.S. §</u> <u>4-241</u>. In addition to any other penalties prescribed by law, a person shall pay a fine of at least two hundred fifty dollars. <u>A.R.S. § 4-246</u>.

A person who knowingly influences the sale, giving, or serving of spirituous liquor to a person under the legal drinking age by misrepresenting the age of such person or who orders, requests, receives or procures spirituous liquor from any licensee, employee or other person with the intent of selling, giving or serving it to a person under the legal drinking age is guilty of a class 1 misdemeanor. <u>A.R.S. § 4-241</u>. It is a class 1 misdemeanor for a person under the legal drinking age (21 years of age) to buy, receive, or have in the person's possession or to consume spirituous liquor. <u>A.R.S. § 4-244</u>. It is a class 1 misdemeanor for any person to sell, furnish, dispose of or give or cause to be sold, furnished, disposed of or given, to a person under the legal drinking age (21 years of age) any spirituous liquor. <u>A.R.S. § 4-244</u>.

Alcohol violations that qualify as a class 1 misdemeanor are punishable by up to six months in jail, can include a hefty fine, may involve probation, or a combination of these.

### Drug Offenses:

A person shall not knowingly possess or use marijuana, possess marijuana for sale, produce marijuana, or transport marijuana for sale. <u>A.R.S. § 13-3405</u>. A person who possesses marijuana weighing less than two pounds is guilty of a class 6 felony, weighing less than four pounds is guilty of a class 5 felony, and weighing over four pounds is guilty of a class 4 felony. The various offenses in this statute range in severity of punishment from a class 6 felony to a class 2 felony with a range of up to 15 years imprisonment. <u>A.R.S. § 13-3405</u>.

A person shall not knowingly possess or use a narcotic drug; possess a narcotic drug for sale; possess equipment or chemicals for the purpose of manufacturing a narcotic drug; manufacture a narcotic drug; administer a narcotic drug to another person; obtain or procure the administration of a narcotic drug by fraud, deceit, misrepresentation or subterfuge; or transport for sale, import into this state, offer to transport for sale or import a narcotic drug. <u>A.R.S. § 13-3408</u>. Violations include a class 4 felony to a class 2 felony with a range of up to 15 years imprisonment. Additionally, a fine of not less than \$2000 or three times the value of the narcotic drugs involved, whichever is greater (up to a statutory maximum) <u>A.R.S. § 13-3408</u>.

It is unlawful for any person to use, or to possess with intent to use, drug paraphernalia to plant, propagate, cultivate, grow, harvest, manufacture, compound, convert, produce, process, prepare, test, analyze, pack, repack, store, contain, inject, inhale or otherwise introduce into the human body a drug. "Drug" means any narcotic drug, dangerous drug, marijuana or peyote. "Drug paraphernalia" means all equipment, products and materials of any kind which are used, intended for use or designed for use in planting, propagating, cultivating, growing, harvesting, manufacturing, compounding, producing, processing, preparing, testing, analyzing, packaging, repackaging, storing, containing, concealing, injecting, ingesting, inhaling or otherwise introducing into the human body a drug violation. Violators are guilty of a class 6 felony. <u>A.R.S. § 13-3415</u>.

Additional information on Arizona drug offenses and penalties can be found at <u>A.R.S. §§ 13-3401</u> – <u>13- 3423</u>.

### Federal Law and Legal Sanctions

It is unlawful for any person knowingly or intentionally to possess a controlled substance unless such substance was obtained directly or pursuant to a valid prescription or order from a practitioner. Federal penalties include, but are not limited to:

• For first conviction of simple possession, up to one year of imprisonment, fine of \$1000, or both. Length of imprisonment and fines increase with further convictions. 21 U.S.C. § 844.

• Forfeiture of property. 21 U.S.C. § 853.

• Discretionary denial of federal benefits, including student loans or professional license. 21 U.S.C. § 862.

Additional offenses and penalties can be reviewed at <u>https://www.deadiversion.usdoj.gov/21cfr/21usc</u>.

According to 21 U.S.C. § 1091(r), a student who is convicted of any offense under federal or state law, involving the possession or sale of a controlled substance, for conduct that occurred during a period of enrollment for which the student was receiving any federal grant, loan, or work assistance will not be eligible to receive any grant, loan, or work assistance from the date of conviction for the period of time specified:

Conviction for Possession of a Controlled Substance	Period of Ineligibility
1st Offense	1 year
2nd Offense	2 years
3rd Offense	Indefinitely
Conviction for Sale of a Controlled Substance	Period of Ineligibility
1st Offense	2 years
2nd Offense	Indefinitely

See <u>21 U.S.C. § 802(6)</u> for the definition of "controlled substance."

### Disciplinary Sanctions, Educational Interventions, and Administrative Actions

### Students

Students who violate the college drug or alcohol policy are subject to disciplinary sanctions, educational interventions and/or administrative actions. Disciplinary sanctions include expulsion or suspension. Educational interventions may include the requirement to participate in individual or group learning sessions, community service experiences and/or risk assessments addressing alcohol or other drug abuse. Administrative actions may include warnings, probation, interim suspension, or completion of a drug or alcohol education or rehabilitation program. Violators may also be referred for prosecution.

### Employees

Sanctions will be imposed on an employee who violates college drug or alcohol policies, which may include progressive discipline, a written reprimand, suspension, demotion, or termination of employment. Sanctions may also include the requirement that the employee complete a drug or alcohol education or rehabilitation program. Violators may be referred for prosecution.

### Health Risks

### Alcohol

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses can cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effect just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life-threatening. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other people of becoming alcoholics. For more information see <u>here</u>.

# Illicit Drugs

The use of illicit drugs can lead to a variety of health risks, depending on the drug or combination of drugs used. A description of common drugs of abuse, their uses and effects are provided in

### Appendix A.

For further information, visit the campus drug prevention website at <u>https://www.campusdrugprevention.gov/drugshttps://district.maricopa.edu/consumer-information/alcohol-drug-abuse-prevention</u>.

Drug and alcohol treatment and rehabilitation programs are available for students through MCCCD community partnerships and for employees through the Employee Assistance Program. Prevention and Education:

MCCCD uses a comprehensive approach to alcohol and other drug abuse prevention that:

• Addresses multiple factors that influence student alcohol and other drug use including individual, peer, institutional, and community factors.

• Provides a continuum of programs and services that range from prevention through treatment.

• Establishes goals, specific outcomes and relevant strategies that are grounded in campus specific data.

• Implements evidence-based strategies and best practices.

• Incorporates education, environmental management, early intervention and enforcement strategies.

• Integrates proactive prevention and intervention strategies.

• Develops collaborations and coalitions, and forms partnerships with academic and student affairs, management, students, parents and the surrounding community.

• Incorporates evaluation as a meaningful tool for planning and program improvement.

DRUG CATEGORY	What is it?	Street Name	How is it used?	How does it affect the body?
Cannabis (Marijuana)	Marijuana – Mind-altering psychoactive drug. Dry, shredded, green/brown mix of flowers, stems, seeds and leaves from the cannabis sativa plant. THC (delta-9- tetrahydrocannabinol) is the main ingredient that produces the psychoactive effect. Addictive.	Marijuana – Aunt Mary, BC Bud, Chronic, Dope, Gangster, Ganja, Grass, Hash, Herb, Joint, Mary Jane, Mota, Pot, Reefer, Sinsemilla, Skunk, Smoke, Weed, Yerba	Smoked as a cigarette or in a pipe or bong • Smoked in blunts (cigar emptied of tobacco and filled with marijuana, and sometimes mixed with additional drugs) • Mixed with food (edibles) • Brewed as tea	Relaxation, disinhibition, increased appetite, sedation, increased sociability • Effects memory and learning • Difficulty in thinking and problem solving • Hallucinations • Impaired judgment, reduced coordination • Distorted perception • Decreased blood pressure, increased heart rate, dizziness, nausea, tachycardia • Confusion, anxiety, paranoia, drowsiness • Respiratory ailments

Depressants Includes Barbiturates, Benzodiazepines, GHB-GammaHydroxyb utyric Acid, Ryohyponl	Barbiturates – Depressant drug used to help sleep, relieve anxiety and muscle spasms, prevent seizures. Prescribed names: Fiorina®, Pentothal®, Seconal®, or Nembutal®	Barbiturates – Barbs, Block Busters, Christmas Trees, Goof Balls, Pinks, Red Devils, Reds & Blues, Yellow Jackets	Barbiturates • Swallowing a pill or injecting a liquid	Barbiturates • Lack of inhibition, relief of anxiety, sleepiness; impairment of memory, judgment and coordination; irritability • Paranoia and suicidal thought • Tolerance is easily developed, requiring larger doses each time • Overdose can occur easily and can be fatal. Signs: Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma
Depressants Includes Barbiturates, Benzodiazepines, GHB-GammaHydroxyb utyric Acid, Ryohyponl	Benzodiazepines – Depressants that produce sedation, induce sleep, relieve anxiety and prevent seizures. Available in prescription pills, syrup and injectable preparation. Prescribed as Valium®, Xanax®, Restoril®, Ativan®, Klonopin®	Benzodiazepines – Benzos,Downers, Nerve Pills, Tranks	Benzodiazepines • Orally or crushed and snorted	Benzodiazepines • Calming, euphoria • Vivid or disturbing dreams • Amnesia, hostility, irritability • Overdose may be fatal. Signs: shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma

<b></b>				
Depressants Includes Barbiturates, Benzodiazepines, GHB-GammaHydroxyb utyric Acid, Ryohyponl	GHB – Gamma – Hydroxybutyric Acid Prescribed as Xyrem, it is also known as the "date rape drug." It comes in liquid or as a white powder that is dissolved in water, juice, or alcohol. In liquid form, GHB is clear and colorless and slightly salty in taste.	GHB – Gamma – Hydroxybutyric Acid – G, Georgia Home Boy, Goop, Grievous Bodily Harm, Liquid X, Scoop, Liquid Ecstasy	GHB – Gamma – Hydroxybutyric Acid • Usually a liquid, mixed in a beverage • White powder normally dissolved in a liquid	GHB – Gamma – Hydroxybutyric Acid • Hallucinations • Euphoria, drowsiness, decreased anxiety, excited and aggressive behavior • Overdose symptoms: unconsciousness, seizures, slowed heart rate, greatly slowed breathing, lower body temperature, vomiting, nausea, coma, death • Addictive. Withdrawal symptoms: insomnia, anxiety, tremors, increased heart rate and blood pressure, psychotic thoughts
Depressants Includes Barbiturates, Benzodiazepines, GHB-GammaHydroxyb utyric Acid, Ryohyponl	Rohypnol – Depressant and benzodiazepine with generic name Flunitrazepam. It is not approved for medical use in the United States. Used by cocaine abusers to relieve side effects, and also used as a "date rape" drug.	Rohypnol – Circles, Forget Me Pill, La Rocha, Lunch Money Drug, Mexican Valium, Pingus, R2, Roach 2, Ruffles, Rophies, Wolfies	Rohypnol • Oblong olive green tablet, swallowed, crushed and snorted • Can be dissolved in liquids When placed in light colored drink, will dye it blue	Rohypnol • Muscle relaxant, decreased anxiety • Drowsiness, amnesia, sleep • Slurred speech, loss of coordination • Impaired mental function, confusion Addictive

Designer Drugs Includes Bath Salts, Flakka (alpha-PVP), Spice/K2, Synthetic Marijuana, U-47700	Spice/K2, Synthetic Marijuana – A synthetic version of tetrahydrocannabinol (THC), the psychoactive ingredient in marijuana, K2/Spice is a mixture of plant and material sprayed with synthetic psychoactive chemicals. Often looks like potpourri and typically labeled "not for human consumption." Dangerous to purchase from Internet because its origins and chemical amounts are unknown. The ingredients and strength of products containing synthetic cannabinoids are almost impossible for the user to know.	Spice/K2, Synthetic Marijuana – Bliss, Black Mamba, Blaze, Bombay Blue, Fake Weed, Legal Weed, Genie, Zohai, Red X, Dawn Scooby Skunk, Snax	Spice/K2, Synthetic Marijuana • Smoked using "joints", pipes, E-cigarettes, as a tea	Spice/K2, Synthetic Marijuana • Paranoia, anxiety, panic attacks, hallucinations, and giddiness • Addictive • Increase in heart rate and blood pressure • Convulsions, organ damage, or death
Designer Drugs Includes Bath Salts, Flakka (alpha-PVP), Spice/K2, Synthetic Marijuana, U-47700	Bath Salts – Synthetic stimulants sold online, convenience stores and "head shops" under various brand names. Resemble Epsom salts and labeled "Not for human consumption." Erroneously sold as bath salts, plant food and research chemicals.	Bath Salts – Bliss, Blue Silk, Cloud Nine, Drone, Energy-1, Ivory Wave, Lunar Wave, Meow Meow, Meph, Ocean Burst, Pure Ivory, Purple Wave, Red Dove, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight, White Lightning	Bath Salts • Sniffing/snorting, orally, smoke, or put into a solution and injected.	<ul> <li>Insomnia, irritability, dizziness • Feelings of empathy, stimulation, alertness, euphoria and sensory awareness • Paranoia, hallucinations, delusions, suicidal thoughts, seizures • Rapid heart rate that may lead to stroke or heart attack • Sweating, nausea, and vomiting • Prolonged panic attacks • Death</li> </ul>

Designer Drugs Includes Bath Salts, Flakka (alpha-PVP), Spice/K2, Synthetic Marijuana, U-47700	Flakka (alpha-PVP) – is a dangerous drug that is similar to the street drug commonly known as bath salts. Flakka is typically white or pink in color, and is found in crystal form.	Flakka (alpha-PVP) – Gravel	Flakka (alpha-PVP) • The drug may be eaten, snorted, injected, or vaporized in ecigarettes.	Flakka (alpha-PVP) • Paranoia and hallucinations that may lead to violent aggression and self-injury. • Overdose and death have been linked to use of this drug.
Designer Drugs Includes Bath Salts, Flakka (alpha-PVP), Spice/K2, Synthetic Marijuana, U-47700	U-47700 - nicknamed "U4," "pink," or "pinky," is a highly potent synthetic opioid that looks like a white or light pink powder. A lot of times, if is often either sold in baggies or pressed into pills to look like legal painkillers. Abuse of this drug is similar to heroin, and prescription and designer opioids.	U-47700 – Pinky, Pink or U4	U-47700 This drug is usually snorted, swallowed or injected.	U-47700 This drug poses the same risks as heroin and many other designer opioids. The drug's effects include: • Numbness • Sedation • Cold and clammy skin • Coma • Respiratory failure leading to death This drug is 7-8 times more potent than morphine, according to the National Institute of Drug Abuse (NIDA). Not to mention, buyers can't be certain exactly what they are getting when they purchase the drug online.

Drugs of Concern Includes DXM (Dextromethorphan), Kratom, Salvia Divinorum	DXM (Dextromethorphan) Cough suppressor found in many over-the-counter medications, such as cough syrup, tablets, capsules, or powder. Popular over-the-counter brands: Robitussin, Coricidin NBP	DXM (Dextromethorphan ) – CCC, DXM, Poor Man's PCP, Robo, Skittles, Triple C	DXM (Dextromethorphan) • DXM is taken by drinking cough syrup or swallowing tablets, capsules, or powder. Extensive "how to" abuse information on various websites. Preferred by teenagers and younger for its easy accessibility. Tablets are easy to conceal and students will take them in school.	DXM (Dextromethorphan) • Increase in perceptual awareness, altered time perception • Hallucinations, confusion • Addictive • Loss of coordination, slurred speech, sweating, lethargy • High doses of DXM with alcohol or other drugs, including antidepressants, can cause death.
Drugs of Concern Includes DXM (Dextromethorphan), Kratom, Salvia Divinorum	Kratom – Leaves from the tropical tree Kratom in Southeast Asia, which causes stimulant, and sedative effects in different doses. More commonly abused in the Asia Pacific region than the United States.	Kratom – Thang, kakuam, thom, ketum, and biak	Kratom • Swallowed as a pill, crushed and smoked, brewed as a tea, chewed raw leaves	Kratom • At low doses, increased alertness, physical energy, and talkativeness • At high doses, sedation • Addictive: cause hallucinations, delusion, and confusion • Nausea, itching, sweating, dry mouth, constipation, increased urination, and loss of appetite • Long-term use can cause anorexia, weight loss, and insomnia

Drugs of Concern Includes DXM (Dextromethorphan), Kratom, Salvia Divinorum	Salvia Divinorum – Psychoactive plant from the mint family, abused for its hallucinogenic effect.	Salvia Divinorum – Maria Pastora, SallyD, Salvia	Salvia Divinorum • Chewing fresh leaves, drinking extracted juices, smoking or inhaling vapors	Salvia Divinorum • Perceptions of bright lights, vivid colors and shapes • Body or object distortions • Uncontrollable laughter, fear, panic • Loss of coordination, dizziness, slurred speech • Hallucinations
Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	Ecstasy or MDMA – Known as a party drug, ecstasy comes in pill or powder form; pill has a variety of logos and colors.	Ecstasy or MDMA – Adam, Beans, Biscuit, Clarity, Disco Biscuit, E, Eve, Go, Hug Drug, Lover's Speed, MDMA, Peace, STP, X, XTC	Ecstasy or MDMA • Swallowing gel capsules (Molly), pills, tablets • Powder, Crystal, liquid • Crushed or snorted • Occasionally smoked	Ecstasy or MDMA • Increased motor activity, alertness, heart rate, blood pressure • Muscle tension, tremors, teeth clenching, nausea, sweating • Euphoria, empathy, reduced inhibition • Chills, blurred vision • Confusion, anxiety, depression, paranoia, severe dehydration • Sharp increase in body temperature (hyperthermia), which can lead to liver, kidney and cardiovascular failure and death

Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	Ketamine – General, short-acting anesthetic with hallucinogenic effects. Sometimes used to facilitate sexual assault crimes.	Ketamine – Special K, Cat Valium, Kit Kat, K, Super Acid, Super K, Purple, Special La Coke, Jet, Vitamin K	Ketamine • Injected • Liquid mixed with liquids • Powder that is snorted, mixed in drinks, or smoked	Ketamine • Hallucinatory effects last 30-60 minutes • Distorts sights and sounds • Induces feelings of calmness and relaxation, relief from pain • Immobility and amnesia • Body feels out of control • Agitation, depression, unconsciousness • Hallucinations
Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	LSD – Very strong hallucinogen sold on streets that is odorless and colorless with high potential for abuse.	LSD – Acid, Blotter Acid, Dots, Mellow Yellow, Window Pane	LSD • Added to absorbent paper such as blotter paper divided into square dosage units • Tablets or capsules • Occasionally in liquid form	LSD • Hallucinations • Distorted perception of shape and size of objects, colors, and sounds • Acute anxiety and depression • Flashbacks days and even months after • Elevated heart rate, higher body temperature, increased blood pressure, dilated pupils • Overdose symptoms: longer, more intense episodes, psychosis and death

Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	PCP (Phencyclidine) – Synthetically produced hallucinogen	PCP (Phencyclidine) Angel Dust, Boat, Crystal, Embalming Fluid, Hog, Ozone, Rocket Fuel, Shermans, Supergrass, Tic Tac, Wack, Zoom	PCP (Phencyclidine) • Tablets, capsules are swallowed • In powder form, snorted • Leafy material sprayed or dipped in liquid and smoked	PCP (Phencyclidine) • Dissociative drug, induces distortion or sight and sound and produces feelings of detachment • Disorientation, delirium • Sedation, immobility, amnesia • Numbness, slurred speech, loss of coordination • Feeling of strength, power, and invulnerability • Increased blood pressure, rapid and shallow breathing, elevated heart rate and temperature • Addictive
Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	Peyote and Mescaline – Small spineless cactus with active ingredient mescaline, a hallucinogen. Has disc-shaped "buttons" that are cut off and used.	Peyote and Mescaline Buttons, Cactus, Mesc, Peyoto	Peyote and Mescaline • Fresh or dried buttons are chewed • Buttons soaked in water to produce intoxicating liquid • Ground into powder for capsules and swallowed • Smoked with marijuana and tobacco	Peyote and Mescaline • Hallucinations • Altered perceptions of space and time • Nausea and vomiting, increased heart rate • Rise in body temperature • Impaired motor coordination • Euphoria, anxiety
Hallucinogens Includes Ecstasy or MDMA (also known as Molly), Ketamine, LSD, PCP (Phencyclidine), Peyote and Mescaline, Psilocybin	Psilocybin – Hallucinogenic chemical obtained from certain types of fresh and dried mushrooms. Has slender stems topped by caps with dark gills on the underside.	Psilocybin – Magic mushrooms, Shrooms, Mushrooms	Psilocybin • Ingested orally • Brewed as tea • Added to foods to mask bitter flavor	Psilocybin • Hallucinations • Large amounts can cause panic attacks and psychosis • Nausea and vomiting • Muscle weakness, lack of coordination • Overdose may result in psychosis or death

Inhalants	Inhalants – invisible,	Inhalants – Huff,	Inhalants • Inhaled	Inhalants • Slight
	volatile substances	Rush, Whippets,	through nose or	stimulation, feeling
			-	-
	found in common	Gluey	mouth • Huffing	less inhibition, loss of
	household products,		inhalant-soaked rag	consciousness •
	e.g., felt tip markers,		stuffed in mouth •	Damages sections of
	spray paint, air		Inhaling from	brain controlling
	freshener, typewriter		balloon with nitrous	thinking, moving,
	correction fluid,		oxide • Sniffing or	seeing • Slurred
	butane, computer		snorting the	speech, loss of
	cleaners, glue.		substance from a	coordination,
	Includes more than		container or	euphoria, dizziness ·
	1,000 products that		dispenser • Inhaling	Long term use may
	are harmful when		fumes from	cause damage to
	inhaled.		substances in a bag	nervous system and
				organs • Sudden
				sniffing death may
				occur from
				suffocation or
				asphyxiation

Narcotics (Opioids)	Fentanyl – Fentanyl is	Fentanyl – Apace,	Fentanyl •	Fentanyl • Intense,
Includes Fentanyl,	a synthetic opioid that	China Girl, China	Clandestine fentanyl	short-term high •
Heroin,	is 80- 100 times	Town, China White,	is typically injected,	Temporary feelings
Hydromorphone,	stronger than	Dance Fever,	or inhaled like heroin	of euphoria • Slowed
Methadone, Morphine,	morphine.	Goodfellas, Great		respiration and
Opium, Oxycodone	Pharmaceutical	Bear, He-Man,		reduced blood
Opium, Oxycouone	fentanyl was	Poison and Tango		pressure • Nausea •
	developed for pain	& Cash		Fainting • Seizures •
		a Cash		Death
	management treatment of cancer			Dealin
	patients, applied in a			
	patch on the skin.			
	Because of its			
	powerful opioid			
	properties, Fentanyl is			
	also diverted for			
	abuse. Fentanyl is			
	added to heroin to			
	increase its potency,			
	or be disguised as			
	highly potent heroin.			
	Many users believe			
	that they are			
	purchasing heroin and			
	actually don't know			
	that they are			
	purchasing fentanyl –			
	which often results in			
	overdose deaths.			
	Clandestinely-produce			
	d fentanyl is primarily			
	manufactured in			
	Mexico.			

Heroin – An opiate	Heroin – Big H,	Heroin • Injected,	Heroin • Highly
		,	addictive. • Initial
processed from		•	surge of euphoria or
morphine and	Negra, Smack,		"rush," followed by a
extracted from certain	Thunder	usually snorted or	twilight state of sleep
poppy plants. Heroin		smoked.	and wakefulness •
comes in white or			Physical symptoms
brownish powder, or a			of use include:
black sticky substance			drowsiness,
known as "black tar			respiratory
heroin." Often "cut"			depression,
with other drugs or			constricted pupils,
substances such as			nausea, a warm
sugar or powdered			flushing of the skin,
milk. User is unaware			dry mouth, and
how much actual			heavy extremities. •
heroin is being used,			Overdose symptoms:
creating likelihood of			slow and shallow
overdose.			breathing, blue lips
			and fingernails,
			clammy skin,
			convulsions, comma,
			and possible death.
	(narcotic) drug processed from morphine and extracted from certain poppy plants. Heroin comes in white or brownish powder, or a black sticky substance known as "black tar heroin." Often "cut" with other drugs or substances such as sugar or powdered milk. User is unaware how much actual heroin is being used, creating likelihood of	(narcotic) drugBlack Tar, Chiva, Hell Dust, Horse, Negra, Smack,morphine andHell Dust, Horse, Negra, Smack,extracted from certainThunderpoppy plants. HeroinThundercomes in white orbrownish powder, or a black sticky substance known as "black tar heroin." Often "cut"with other drugs orsubstances such as sugar or powdered milk. User is unaware how much actual heroin is being used, creating likelihood of	(narcotic) drug processed from morphine and extracted from certain poppy plants. Heroin comes in white or brownish powder, or a black sticky substance known as "black tar heroin." Often "cut" with other drugs or substances such as sugar or powdered milk. User is unaware how much actual heroin is being used, 

Narcotics (Opioids) Includes Fentanyl, Heroin, Hydromorphone, Methadone, Morphine, Opium, Oxycodone	Hydromorphone – Prescribed at Dilaudid®, it is used as a pain reliever. Hydromorphone is 2-8x more potent than morphine but shorter duration and greater sedation. Available in tablets, rectal suppositories, oral solutions, and injectable formulations.	Hydromorphone – D, Dillies, Dust, Footballs, Juice, Smack	Hydromorphone • Orally or by injecting tablets dissolved in solution.	Hydromorphone • Euphoria, relaxation, sedation, and reduced anxiety. It may also cause mental clouding, changes in mood, nervousness, and restlessness • Constipation, nausea, vomiting, impaired coordination, loss of appetite, rash, slow or rapid heartbeat, and changes in blood pressure. • Overdose symptoms: severe respiratory depression, stupor or coma, lack of skeletal muscle tone, cold and clammy skin, constricted pupils, and reduced blood pressure and heart rate.
Narcotics (Opioids) Includes Fentanyl, Heroin, Hydromorphone, Methadone, Morphine, Opium, Oxycodone	Methadone – Synthetic opioid prescribed as Methadose® and Dolphine®. Tablet, capsule, any liquid, used for detoxification and maintenance of opioid addiction and as a pain reliever for moderate to severe pain.	Methadone – Amidone, Chocolate Chip Cookies, Fizzies, Maria, Pastora, Salvia, Street Methadone, Water	Methadone • Swallowed as pill or liquid or injected.	Methadone • Sweating, itchy skin, or sleepiness • Addictive • Overdose effects include shallow breathing, stomach spasms, clammy skin, convulsions, weak pulse, comma, and death

Narcotics (Opioids) Includes Fentanyl, Heroin, Hydromorphone, Methadone, Morphine, Opium, Oxycodone	Morphine – Non-synthetic narcotic (opioid) made from opium, prescribed as Kadian®, MSContin®, Oramorph®, MSIR®, RMS®, Roxanol®. Very effective for pain relief, high potential for abuse.	Morphine – Dreamer, Emsel, First Line, God's Drug, Hows, MS, Mister Blue, Morpho, Unkie	Morphine • Injected • Oral Solutions • Tablets, capsules, suppositories	Morphine • Euphoria and relief of pain • Addictive • Overdose signs: cold and clammy skin, sleepiness, lowered blood pressure and slow pulse rate, comma and possible death
Narcotics (Opioids) Includes Fentanyl, Heroin, Hydromorphone, Methadone, Morphine, Opium, Oxycodone	Opium – Non-synthetic narcotic extracted from the poppy plant, made into a liquid, powder or solid. Opium poppy is key source for many narcotics.	Opium – Aunti, Aunti Emma, Big O, Black pill, Chandu, Chinese Molasses, Dopium, Dream Gun, Fi-donie, Gee, Guma, Midnight Oil, Zero	Opium • Can be smoked or injected intravenously • Taken in pill form • Used in combination with other drugs, such as marijuana and/or methamphetamine	Opium • Euphoric rush, relaxation and relief of physical pain • Slow breathing, seizures, loss of consciousness • Addictive • Coma or death
Narcotics (Opioids) Includes Fentanyl, Heroin, Hydromorphone, Methadone, Morphine, Opium, Oxycodone	Oxycodone – Semi-synthetic opioid drug prescribed for pain as Tylox®, Percodan®, OxyContin®.	Oxycodone – Hillbilly Heroin, Kicker, OC, OX, Roxy, Perc, Oxy	Oxycodone • Pills and tablets chewed or swallowed • Inhaling vapors by heating tablet on foil • Crushed and sniffed or dissolved in water and injected	Oxycodone • Feelings of relaxation, euphoria, pain relief • Addictive • Chronic use of oxycodone with acetaminophen may cause severe liver damage • Overdose may lead to comma and possible death
Steroids	Steroids – Synthetically produced versions of testosterone, the male hormone used to promote muscle growth, enhance athletic performance, improve physical appearance.	Steroids – Arnolds, Gear, Gym Candy, Juice, Pumpers, Roids, Stackers, Weight Gainers	Steroids • Injected intramuscularly • Gels, creams, transdermal patches • Tablets, sublingualtablets and capsules	Steroids • Many effects depending on age, sex, the type, length of time used. • In males: stunts growth, acne, shrinks testicles, enlarges breasts • In women, deepens voice, increases facial and body hair, acne, menstrual irregularities • Dramatic mood swings, impaired

				judgment, increased levels of aggression and hostility • Increased risk of heart disease, liver damage • Addiction
Stimulants Includes Amphetamines, Cocaine, Khat, Methamphetamine	Amphetamines – Prescription stimulants used to treat Attention-deficit hyperactivity disorder (ADHD). Used as a study aid, to stay awake, and to suppress appetites. Prescribed as Adderall®, Concerta®, Dexedrine®, Focalin®, Metadate®, Methylin®, Ritalin®	Amphetamines – Bennies, Black Beauties, Crank, Ice, Speed, Uppers	Amphetamines • Orally or injected. "Ice" or crystallized methamphetamine hydrochloride is smoked	Amphetamines • Similar to cocaine, but slower onset and longer duration • Increased body temperature, blood pressure and pulse rates, insomnia, loss of appetite, physical exhaustion • Chronic abuse produces a psychosis that resembles schizophrenia: paranoia, hallucinations, violent and erratic behavior • Overdose can be fatal

Stimulants Includes Amphetamines, Cocaine, Khat, Methamphetamine	Cocaine – White, crystalline powder derived from coca leaves. Cocaine base (crack) looks like small, irregularly shaped white rocks.	Cocaine - Coca, Coke, Crack, Crank, Flake, Rock, Snow, Soda Cot	Cocaine • Snorted • Dissolved in water and injected • Crack cocaine is smoked • Cocaine users usually binge on the drug until they are exhausted or run out of cocaine	Cocaine • Smoking or injection creates an intense euphoric "rush" • Tolerance builds quickly, easy to overdose • Cardiac arrhythmias • Increased blood pressure and heart rate • Restlessness, irritability, anxiety, paranoia • Insomnia, loss of appetite • Stroke or death • Sudden cardiac arrest • Convulsion • The crash that follows a high is mental and physical exhaustion, sleep, and depression lasting several days. Following the crash, users crave cocaine again.
Stimulants Includes Amphetamines, Cocaine, Khat, Methamphetamine	Khat – Stimulant drug made from the leaves and twigs, evergreen shrub. Active ingredients are cathine and cathinone.	Khat – Abyssinian Tea, African Salad, Catha, Chat, Kat, Miraa, Oat, Qat, Quaadka	Khat • Chewed • Dried Khat is used as a tea or chewable paste • Smoked, sprinkled on food	Khat • Manic behavior with grandiose delusions • Chronic use can cause depression and suicide • Hallucinations, paranoia, nightmares • Euphoria, increased alertness and energy, hyperactivity • Increase in blood pressure and heart rate • Cardiac complications • Insomnia, gastric disorders

Stimulants IncludesMethamphetamine –Stimulants IncludesStimulant that speedsCocaine, Khat,up body's system thatAlethamphetaminecomes as pill orpowder. Available inprescription asDesoxyn®, to treatobesity and ADHD.Crystal methresembles glassfragments and is anillegally alteredversion of theprescription drug thatis cooked withover-the-counterdrugs in meth labsothelast	Methamphetamine – Meth, Speed, Ice, Shards, Bikers Coffee, Stove Top, Tweak, Yaba, Trash, Chalk, Crystal, Crank, Shabu	Methamphetamine • Powder, pill • Smoked, snorted, injected • To intensify the effects, users may take higher doses of the drug, take it more frequently, or change their method of intake	Methamphetamine • Highly addictive • Agitation, increased heart rate and blood pressure • Increased respiration and body temperature • Anxiety, paranoia • High doses can cause convulsions, cardiovascular collapse, stroke or death
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Chandler-Gilbert | Estrella Mountain | GateWay | Glendale | Mesa | Paradise Valley Phoenix College | Rio Salado | Scottsdale | South Mountain

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